



Please help stop the spread of COVID-19
Community sport

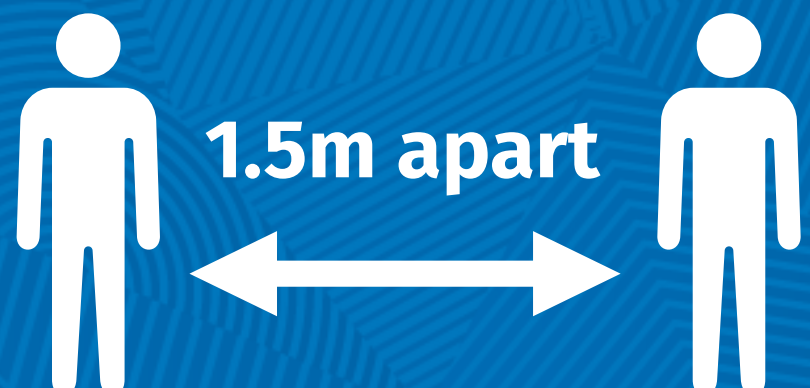


**Canteen change room
limited capacity.**



**One person
only at a time
in toilets.**

Wash your hands.



**Please practice
Social distancing.**

RETURN TO PLAY



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Wash your hands

**Everyone must ensure they
are using hand sanitiser
before and after training.**

RETURN TO PLAY



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Arrive dressed to train/play

**Limited change rooms
available at the grounds.
Please come dressed
and ready to train/play.**

RETURN TO PLAY



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**Do not
train/play
if unwell**

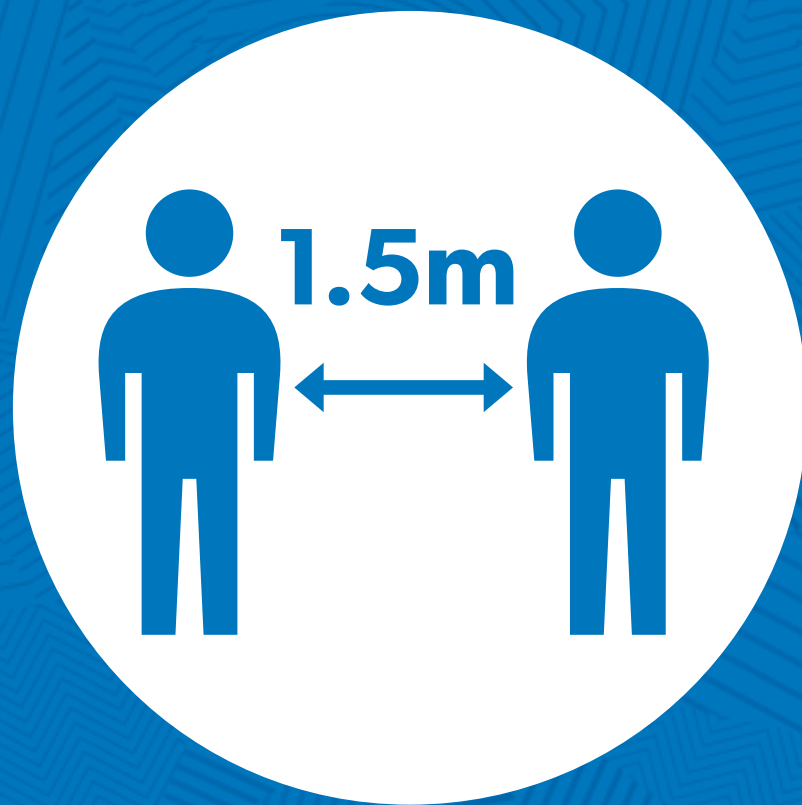
**If you are feeling unwell or exposed to
someone unwell you must not attend
training/play at any time.**

**Please advise your coach or club
via email or phone.**

RETURN TO PLAY



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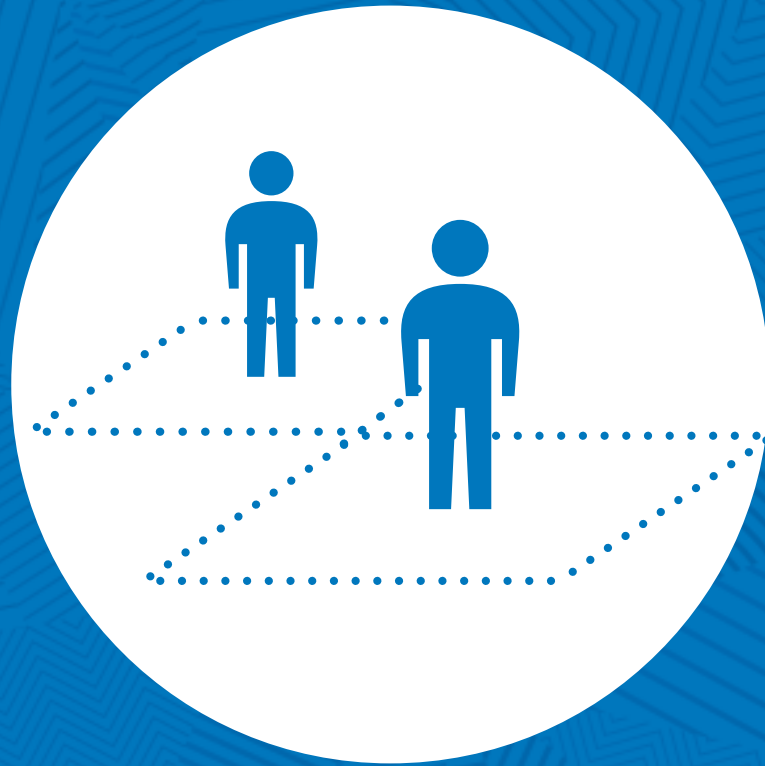
Keep your distance

**Help stop the spread of coronavirus by keeping your distance.
Remember, don't shake hands or exchange physical greetings.
Please remain 1.5m apart and follow all directions whilst in line.**

RETURN TO PLAY



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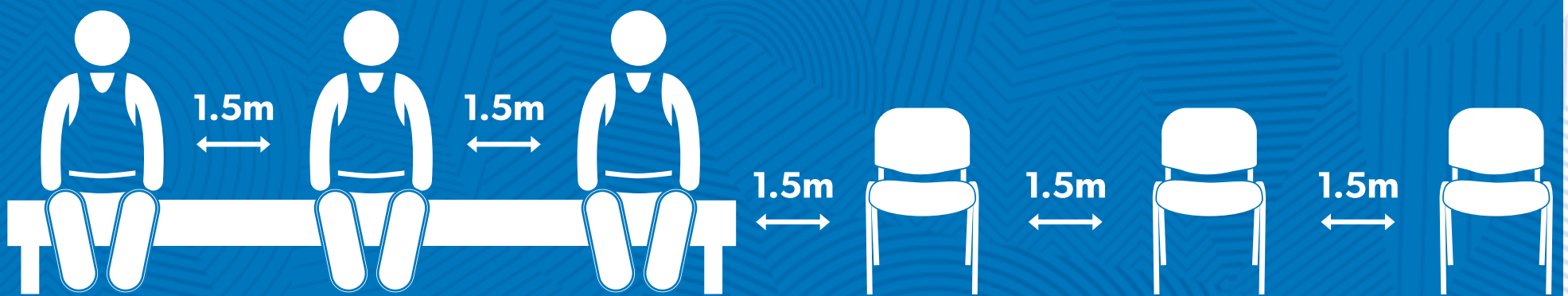
Social distancing

**In accordance with social distancing rules (1 person per 4m²),
capacity for this space is:**

RETURN TO PLAY



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**Remain
1.5m apart
when not on
the field**

RETURN TO PLAY